Effects of Cell Phones on Driving Performance

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The Driver Distraction Triad



An Example of Driver Distraction



Observational Study

(Intersection Study – 56K Drivers)



	Cell Phone	No Phone	
Failed to Stop	2416	12567	14983
Stopped Appropriately	3332	38294	41626
	5748	50861	56609

Single-Task vs. Dual-Task



Inattention-Blindness

- Test for evidence of cell-phone induced inattention blindness
- High-fidelity driving simulator
- Hands-free cell phone
- Naturalistic conversation with confederate
- Eye tracker

- \succ Two phases to the study:
 - Phase 1: Single & dual-task driving
 - Phase 2: Recognition memory tests for objects encountered while driving



Recognition Memory Given Fixation



Encoding or Retrieval Deficits?

Encoding deficits

- Reduced attention to perceptual inputs
- Clear implications for traffic safety

Retrieval deficits

- ➢ Failure to retrieve prior episodes
- Less clear implications for traffic safety
- Event-related brain potentials recorded to traffic brake lights
 - ➤ Single-task
 - ➤ Dual-task



Traffic-related Brain Activity Elicited by Brake Lights



Cognitive Interference: Inattention Blindness





Successful Navigation to Rest Stop



Benchmarking Cognitive Distraction

- Sources of Driver Distraction
 - Baseline driving
 - Radio
 - Book on tape
 - Passenger conversation
 - Hand-held phone conversation
 - Hands-free conversation
 - Voice messaging / e-mail (speech to text & text to speech)
 - OSPAN task
- Driving Simulator
- On-Road Vehicle

A Metric for Cognitive Distraction



Brake Reaction Time (msec)

Why Do People Persist in Multitasking in the Vehicle? (yet support laws that would outlaw such behavior)



Summary and Conclusions

- Three sources of Driver Distraction
 - Visual
 - Manual
 - Cognitive
- Cognitive Distraction
 - Inattention blindness
 - Impaired recognition memory, suppressed ERPs
 - Impaired visual scanning (tunnel vision)

Applied Cognition Laboratory

